





CONFERENCE & EXHIBITION

VENUE: MOHAMMED ALMANA COLLEGE FOR MEDICAL SCIENCES

















SCIENTIFIC PROGRAM







WELCOME MESSAGE

FRCS COMMITTEE

FRCS COURSES DAMMAM, KSA 15-17 JANUARY 2026 Adults Neoped 15-16 JANUARY 16 JANUARY

Dear Colleagues,

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Chairman:

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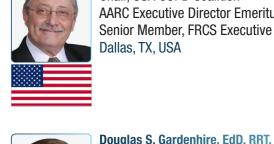


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and Collaborating Departments and Collaborating Departments





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and Collaborating Departments

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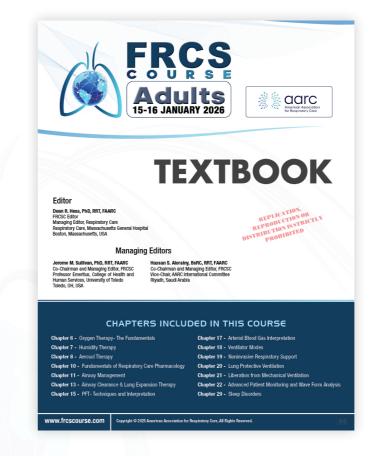


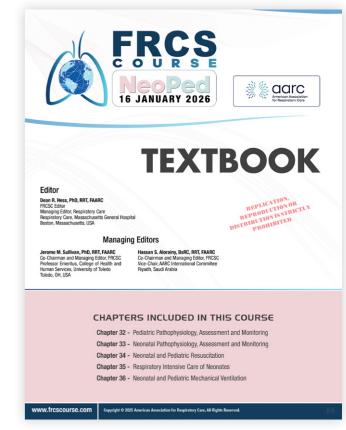
WHAT DOES EACH INCLUDE?

WHAT DOES EACH INCLUDE?



Attend the "Best of AARC 2026" State-Of-The-Art one and half day conference, starting the afternoon of Friday, 16 January, 2026 and Saturday, 17 January 2026. 2. Full access to the whole conference activities. Attend the FRCS-Adults Lectures, all day on Thursday, 15 January 2026, delivered by leading speakers in Adult Respiratory Care. Attend the FRCS-Adults Lectures, Morning of all Friday, 16 January 2026, delivered by leading speakers in Neonatal/ Pediatric Respiratory Care. Attend the FRCS-Adults Skill Station/ Workshops all day on Friday, 16 January 2026, conducted by leading instructors in Adult Respiratory Care. Sit for the FRCS-Adults Skill Station/ Workshops afternoon of Friday, 16 January 2026, conducted by leading instructors in Monatal Pediatric Respiratory Care. Receive the FRCS-Adults Course textbook (~270 pages). FRCS-Machinal Skill Station/ Workshops afternoon of Friday, 16 January 2026, conducted by leading instructors in Neonatal Pediatric Respiratory Care. Sit for the FRCS-Adults Course textbook (~270 pages). FRCS-Machinal Skill Station/ Workshops afternoon of Friday, 16 January 2026, conducted by leading instructors in Neonatal Pediatric Respiratory Care. Sit for the FRCS-Adults Course textbook (~270 pages). FRCS-Machinal Skill Station/ Workshops afternoon of Friday, 16 January 2026, conducted by leading instructors in Neonatal Pediatric Respiratory Care. Sit for the FRCS-Machinal Skill Station/ Workshops afternoon of Friday, 10 January 2026, conducted by leading instructors in Neonatal Pediatric Respiratory Care. Sit for the FRCS-Machinal Skill Station/ Workshops afternoon of Friday, 16 January 2026, conducted by leading instructors in Neonatal Pediatric Respiratory Care. Stational Skill Station/ Workshops afternoon of Friday, 16 January 2026, conducted by leading instructors in Neonatal Pediatric Respiratory Care. Stational Skill Station/ Workshops afternoon of Friday, 16 January 2026, conducted by leading instructors in Neonatal Pediatric Respiratory Care. Stational Respira					
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Attend the FRCS-Adults Lectures, all day on Thursday, 15 January 2026, delivered by leading speakers in Adult Respiratory Care. Attend the FRCS-Medived Lectures, Morning of all Friday, 16 January 2026, delivered by leading speakers in Neonatal/ Pediatric Respiratory Care. Attend FRCS-Adults Skill Station/ Workshops all day on Friday, 16 January 2026, conducted by leading instructors in Adult Respiratory Care. Sit for the FRCS-Adults Pre & Post Tests. (Pre-Test one month before the course, Post-Test immediately after the Skill Station). 7. Receive the FRCS-Adults Course textbook (~270 pages). FRCS-Medived Skill Station/ Workshops afternoon of Friday, 16 January 2026, conducted by leading instructors in Neonatal/ Pediatric Respiratory Care. Sit for the FRCS-Medived Pre & Post Tests. (Pre-Test one month before the course, Post-Test immediately after the Skill Station). 7. Receive the FRCS-Medived Course textbook (~270 pages). Sit for the FRCS-Medived Course Pre & Post Tests. (Pre-Test one month before the course, Post-Test immediately after the Skill Station). 10. Receive the FRCS-Medived Course textbook (~120 pages). 11. All Conference and Course Material. 12. Certificates of Attendance for the whole conference. 13. Earn CMEs from SCFHS. 14. Earn CRCEs, from the AARC. 15. Receive FRCS Certificate of Successful Completion upon passing the Post Course Exam. (see image) (see image)	1.	and half day conference, starting the afternoon of Friday,	✓	✓	✓
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4. January 2026, delivered by leading speakers in Neonatal/ Pediatric Respiratory Care. Attend FRCS-Adults Skill Station/ Workshops all day on Friday, 16 January 2026, conducted by leading instructors in Adult Respiratory Care. Sit for the FRCS-Adults Pre & Post Tests. (Pre-Test one month before the course, Post-Test immediately after the Skill Station). 7. Receive the FRCS-Adults Course textbook (~270 pages). FRCS-Month Skill Station/ Workshops afternoon of Friday, 16 January 2026, conducted by leading instructors in Neonatal/ Pediatric Respiratory Care. Sit for the FRCS-Month Pre & Post Tests. (Pre-Test one month before the course, Post-Test immediately after the Skill Station). 10. Receive the FRCS-Month Pre & Post Tests. (Pre-Test one month before the course, Post-Test immediately after the Skill Station). 11. All Conference and Course Material. 12. Certificates of Attendance for the whole conference. 13. Earn CMEs from SCFHS. 14. Earn CRCEs, from the AARC. 15. Receive FRCS Certificate of Successful Completion upon passing the Post Course Exam.	3.	January 2026, delivered by leading speakers in Adult	√	√	
5. Friday, 16 January 2026, conducted by leading instructors in Adult Respiratory Care. 6. Sit for the FRCS-Adults Pre & Post Tests. (Pre-Test one month before the course, Post-Test immediately after the Skill Station). 7. Receive the FRCS-Adults Course textbook (~270 pages). 8. Receive the FRCS-Adults Course textbook (~270 pages). 9. Sit for the FRCS-Adults Course textbook (Pre-Test one month before the course, Post-Test immediately after the Skill Station). 10. Receive the FRCS-Received Course textbook (~120 pages). 11. All Conference and Course Material. 12. Certificates of Attendance for the whole conference. 13. Earn CMEs from SCFHS. 14. Earn CRCEs, from the AARC. 15. Receive FRCS Certificate of Successful Completion upon passing the Post Course Exam.	4.	January 2026, delivered by leading speakers in Neonatal/	√		√
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FRCS-NewPed Skill Station/ Workshops afternoon of Friday, 16 January 2026, conducted by leading instructors in Neonatal/ Pediatric Respiratory Care. Sit for the FRCS-NewPed Pre & Post Tests. (Pre-Test one month before the course, Post-Test immediately after the Skill Station). 10. Receive the FRCS-NewPed Course textbook (~120 pages).	6.	month before the course, Post-Test immediately after the		✓	
8. 16 January 2026, conducted by leading instructors in Neonatal/ Pediatric Respiratory Care. 9. Sit for the FRCS-Modified Pre & Post Tests. (Pre-Test one month before the course, Post-Test immediately after the Skill Station). 10. Receive the FRCS-Modified Course textbook (~120 pages). 11. All Conference and Course Material. 12. Certificates of Attendance for the whole conference. 13. Earn CMEs from SCFHS. 14. Earn CRCEs, from the AARC. 15. Receive FRCS Certificate of Successful Completion upon passing the Post Course Exam.	7.	Receive the FRCS -Adults Course textbook (~270 pages).		√ (see image)	
9. month before the course, Post-Test immediately after the Skill Station). 10. Receive the FRCS-MooPod Course textbook (~120 pages). 11. All Conference and Course Material. 12. Certificates of Attendance for the whole conference. 13. Earn CMEs from SCFHS. 14. Earn CRCEs, from the AARC. 15. Receive FRCS Certificate of Successful Completion upon passing the Post Course Exam.	8.	16 January 2026, conducted by leading instructors in			√
11. All Conference and Course Material. 12. Certificates of Attendance for the whole conference. 13. Earn CMEs from SCFHS. 14. Earn CRCEs, from the AARC. 15. Receive FRCS Certificate of Successful Completion upon passing the Post Course Exam. (see image) √ √ √ √ √ √ √ (see image)	9.	month before the course, Post-Test immediately after the			✓
12. Certificates of Attendance for the whole conference. ✓ ✓ ✓ ✓ 13. Earn CMEs from SCFHS. ✓ ✓ ✓ ✓ 14. Earn CRCEs, from the AARC. ✓ ✓ ✓ ✓ ✓ 15. Receive FRCS Certificate of Successful Completion upon passing the Post Course Exam. (see image)	10.	Receive the FRCS -NeoPed Course textbook (~120 pages).			√ (see image)
13. Earn CMEs from SCFHS. ✓ ✓ ✓ 14. Earn CRCEs, from the AARC. Receive FRCS Certificate of Successful Completion upon passing the Post Course Exam. (see image)	11.	All Conference and Course Material.	✓	✓	✓
14. Earn CRCEs, from the AARC. Receive FRCS Certificate of Successful Completion upon passing the Post Course Exam. See image (see image)	12.	Certificates of Attendance for the whole conference.	✓	✓	✓
15. Receive FRCS Certificate of Successful Completion upon passing the Post Course Exam. (see image) (see image)	13.	Earn CMEs from SCFHS .	✓	✓	✓
passing the Post Course Exam. (see image) (see image)	14.	Earn CRCEs , from the AARC .	✓	✓	✓
16. Enrolment in AARC membership for one (1) year. ✓	15.			· · · · · · · · · · · · · · · · · · ·	√ (see image)
	16.	Enrolment in AARC membership for one (1) year.		✓	✓











THE 3 DAYS PROGRAM STRUCTURE

THE 3 DAYS PROGRAM STRUCTURE



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Th	ursday, 15 Jan. 2026	Friday, 16	Jan. 2026			Friday, 16 Jan. 2026	Saturday, 17 Jan. 2026
	FRCS MACHS Adults Main Auditorium	FRCS MACHS Classrooms	FRCS MACHS Main Auditorium				MACHS Main Auditorium
DING	Oxygen Therapy; The	SKILL STATIONS/ WORKSHOPS	Pediatric Pathophysiology, Assessment and Monitoring		_		Shaping the Future in Healthcare: The Al Revolution in Respiratory Care
	FundamentalsHumidity TherapyAerosol TherapyAirway Clearance & Lung	Aerosol Therapy	 Neonatal Pathophysiology, Assessment and Monitoring Respiratory Intensive Care of Neonates Neonatal & Pediatric 		SUN		 What is Evidence-Based Respiratory Care? Healing the Healers; Burnout in Respiratory Care; Recognize, Respond, Recover The Future of Respiratory Care Profession and the Role of the AARC
MOR	Expansion TherapyAirway ManagementFundamentals of Respiratory Care Pharmacology	Airway Clearance & Lung Expansion Therapy	Resuscitation Neonatal & Pediatric Ventilation		MOR		 Using Pulse Oximetry Wisely Individualized PEEP vs. PEEP Tables - What Does the Evidence Tell Us? HFNC Oxygen Therapy: Physiological Mechanisms, Initiation, and Management
	Sleep DisorderS	Airway Management					Asynchrony: Consequences and Management
	Lunch Break	Lunch	Break			Lunch Break	Lunch Break
	FRCS MACHS Main Auditorium	FRCS MACHS Classrooms	FRCS MACHS Classrooms			MACHS Main Auditorium	MACHS Main Auditorium
Z	 Acid Base Balance, Blood Gas Analysis & Oxygenation Pulmonary Function Testing- Techniques and Interpretation Noninvasive Respiratory Support Ventilator Modes Advanced Patient Monitoring & Waveform Analysis Lung Protective Ventilation Approaches in Various Diseases Liberation From Mechanical Ventilation 	SKILL STATIONS/ WORKSHOPS	SKILL STATIONS/ WORKSHOPS		Z	INTERACTIVE SESSIONS • International Collaboration in Respiratory Care Education	 Modern Approaches to Infant Ventilation with Hypoxic Respiratory Failure; Innovations and Insights
FTERNO		Noninvasive Respiratory Support	Neonatal & Pediatric Resuscitation		RNOO	 Meet The Experts In Respiratory Care Services Management HOT TOPICS IN PULMONARY FUNCTION TESTING & INTERPRETATIONS Mastering the Latest ATS Guidelines: Essential for 	 What We've Learned About Bronchiolitis and High Flow Nasal Cannula Early Application of Lung Protective Ventilation in the Emergency Department Recent Advances in Asthma & COPD
		Ventilator Modes			FTE	 New Insights; The Evolving Role of Forced Oscillation Techniques in Pulmonary Function Testing. Simulation-Based Lea New, What Works, William Testing. 	 Pharmacological Therapies Simulation-Based Learning Reimagined: What's New, What Works, What's Next TBA Why Teams Fail: The Leadership Imperative in
V		Pulmonary Function Testing	Neonatal & Pediatric Ventilation		A	ABSTRACT PRESENTATION	Transforming The Culture of Your Team • What I've Learned After 50 Years in Respiratory Care

Post FRCS-Adult Course Test

Post FRCS-NeoPed Course Test



SCIENTIFIC PROGRAM



DAY 1 - THURSDAY, 15 JANUARY 2026 AM

06:30 - 07:30	Registration
	SESSION 1
Chairs:	
07:30 - 08:00	Oxygen Therapy; The Fundamentals Rioloida V. Diola - Philippines
08:00 - 08:30	Humidity Therapy Dana L. Evans - USA
08:30 - 09:00	Aerosol Therapy Douglas S. Gardenhire - USA
09:00 - 09:30	Airway Clearance & Lung Expansion Therapy Carl R. Hinkson - USA

09:30 - 10:00	Opening and Welcome Remarks	
10:00 - 10:30	COFFEE BREAK	

10:00 - 10:30	COFFEE BREAK
	SESSION 2
Chairs:	
10:30 - 11:00	Airway Management Rachael J. Sullivan - USA
11:00 - 11:30	Fundamentals of Respiratory Care Pharmacology Douglas S. Gardenhire - USA
11:30 - 12:00	Sleep Disorders Ahmed S. BaHammam - KSA

12:00 - 13:00	LUNCH BREAK
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DAY 1 - THURSDAY, 15 JANUARY 2026 PM

	SESSION 3
Chairs:	
13:00 - 13:30	Acid Base Balance, Blood Gas Analysis & Oxygenation J. Brady Scott - USA
13:30 - 14:00	Pulmonary Function Testing- Techniques and Interpretation Hajed M. Al-Otaibi - KSA
14:00 - 14:30	Noninvasive Respiratory Support Dean R. Hess - USA
14:30 - 15:00	Ventilator Modes Thomas Piraino - Canada ♣•
15:00 - 15:30	COFFEE BREAK
	SESSION 4
Chairs:	
15:30 - 16:15	Advanced Patient Monitoring & Waveform Analysis J. Brady Scott - USA
16:15 - 16:45	Lung Protective Ventilation Approaches in Various Diseases Dean R. Hess - USA
16:45 - 17:15	Liberation From Mechanical Ventilation Thomas Piraino - Canada



SCIENTIFIC PROGRAM



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DAY 2 - FRIDAY, 16 JANUARY 2026 AM

Fundamentals of Respiratory Care Workshops

08:00 - 12:00 | Morning Sessions

TIME	SKILL STATION 1	SKILL STATION 2	SKILL STATION 3
Subject	Aerosol Therapy	Airway Clearance & Lung Expansion Therapy	Airway Management
	Douglas S. Gardenhire USA	Carl R. Hinkson USA	Rachael C. Sullivan USA
Instructors	Yahya A. Alzahrani KSA DAMMAM	Tariq Aljasser KSA RIYADH	
		Jose Rex N. Navarrosa KSA DAMMAM	
08:00 - 09:10	GROUP 1	GROUP 2	GROUP 3
09:10 - 10:20	GROUP 2	GROUP 3	GROUP 1
10:20 - 10:50	COFFEE BREAK		
10:50 - 12:00	GROUP 3	GROUP 1	GROUP 2

12:00 - 13:00 LUNCH BREAK

DAY 2 - FRIDAY, 16 JANUARY 2026 PM

Fundamentals of Respiratory Care Workshops

13:00 - 18:30 | Afternoon Sessions

TIME	SKILL STATION 4	SKILL STATION 5	SKILL STATION 6
Subject	Noninvasive Respiratory Support	Ventilator Modes	Pulmonary Function Testing
	Dean R. Hess USA	Thomas Piraino Canada 🏰	Hajed M. Al-Otaibi KSA JEDDAH
Instructors	Ahmed S. BaHammam KSA RIYADH	J. Brady Scott USA	Malak O. Alshlowi KSA DAMMAM
			Masarrah Y. AlJaroof KSA DAMMAM
13:00 - 14:10	GROUP 1	GROUP 2	GROUP 3
14:10 - 15:30	GROUP 2	GROUP 3	GROUP 1
15:30 - 16:00		COFFEE BREAK	
16:00 - 17:10	GROUP 3	GROUP 1	GROUP 2

17:30 - 18:30 FRCS Course Adults - POST TEST



SCIENTIFIC PROGRAM



FRIDAY, 16 JANUARY 2026 AM

07:00 - 07:50	Registration	
07:50 - 08:00	Opening and Welcome Message	
08:00 - 10:15	SESSION 1: Pediatric & Neonatal Respiratory Care	
Chairs:		S
08:00 - 08:45	Pediatric Pathophysiology, Assessment and Monitoring Dana L. Evans - USA	0
08:45 - 09:30	Neonatal Pathophysiology, Assessment and Monitoring Emilee Lamorena - USA	SESSIONS
09:30 - 10:15	Respiratory Intensive Care of Neonates Huayan Zhang - China/USA	S D
10:15 - 10:45	COFFEE BREAK	Z
10:45 - 12:15	SESSION 2: Pediatric & Neonatal Respiratory Care	MORNING
Chairs:		Σ
10:45- 11:30	Neonatal & Pediatric Resuscitation Huayan Zhang - China/USA	
11:30 - 12:15	Neonatal & Pediatric Ventilation Emilee Lamorena - USA	
12:15 - 13:00	LUNCH BREAK	

FRIDAY, 16 JANUARY 2026 PM

Pediatric & Neonatal Respiratory Critical Care Skill Stations 13:00-17:30 | Afternoon Sessions

TIME	SKILL STATION 1		SKILL STATION 1 SKILL STATION 2		
Subject		Neonatal & Pediatric Resuscitation	Nec	onatal & Pediatric Ventilation	
		Huayan Zhang USA/China	Emilee Lamorena USA		
Instructors			Ahmed I. Algahtani KSA RIYADH		
13:30 - 15:30	GROUP 1	5 MINUTES STRETCH	GROUP 2	5 MINUTES STRETCH	
15:30 - 16:00		COFFEE	BREAK		
16:00 - 17:30	GROUP 2	5 MINUTES STRETCH	GROUP 1	5 MINUTES STRETCH	

17:30 - 18:30 FRCS Course NeoPed - POST TEST



Continuing Practice Therapy (CPT)

SCIENTIFIC PROGRAM



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DAY 2 - FRIDAY, 16 JANUARY 2026

SESSION 1: Interactive Sessions 13:00 - 13:45 International Collaboration in Respiratory Care Education Moderators: Jerome M. Sullivan - USA Discussants: Dr. Douglas S. Gardenhire RUSH University, Chicago, IL, USA Discussion Topics: Discussion Topics:

13:45 - 14:30 Meet The Experts In Respiratory Care Services Management

Moderators: Jerome M. Sullivan - USA Daniel D. Garrett - USA

NBRC Registry Eligibility

Discussants:

15:30 - 16:00

Dana L. Evans, MHA, RRT Respiratory Regional Director, Midwest at Advocate Health Downers Grove, Illinois, USA Carl R. Hinkson, MSc, RRT Senior Director Ancillary Services, Providence Health & Services Everett, WA, USA

Emilee Lamorena, MSc, RRT
Director of RT, Pulmonary, & Asthma Program
Children's Hospital of Orange County (CHOC)
Orange, California, USA

Discussion Topics:

Advanced Degrees Requirements

- Territory and competition between services
- Departments structures, past and present
- Relationship, medical staff, administration, other services

COFFEE BREAK

- Hiring, Retention, Morale, and Burnout
- Salaries and Incentives
- RTs Specialization

Chairs: 14:30 - 14:50 Mastering the Latest ATS Guidelines: Essential for Accurate Reporting and Interpretation. - Fatimah J. Alshammari KSA RIYADH 14:50 - 15:10 New Insights; The Evolving Role of Forced Oscillation Techniques in Pulmonary Function Testing. - Afnan S. AlRaimi KSA DAMMAM 15:10 - 15:30

DAY 2 - FRIDAY, 16 JANUARY 2026

	SESSION 3: Meet The Industries Sessions
Chairs:	
16:00 - 16:15	
16:15 - 16:30	
16:30 - 16:45	

SESSION 4: Abstracts Presentation		
Moderators:		
16:45 - 16:50		
16:50 - 16:55		
16:55 - 17:00		
17:00 - 17:05		
17:05 - 17:10		



SCIENTIFIC PROGRAM



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DAY 3 - SATURDAY, 17 JANUARY 2026

SES	SION 5: Emerging Challenges and Innovations in Respiratory Care
Chairs:	
08:00 - 08:25	Shaping the Future in Healthcare: The Al Revolution in Respiratory Care J. Brady Scott - USA
08:25 - 08:50	What is Evidence-Based Respiratory Care? Dean R. Hess - USA
09:15 - 09:40	Healing the Healers; Burnout in Respiratory Care; Recognize, Respond, Recover Carl R. Hinkson - USA
10:05 - 10:30	The Future of Respiratory Care Profession and the Role of the AARC Dana L. Evans - USA

10:30 - 11:00 COFFEE BREAK

12:40 - 13:40

LUNCH BREAK

SESSION 6: Current Advances in Adult Respiratory Critical Care

	or our ent Advances in Addit Hespiratory Officar Safe
Chairs:	
11:00 - 11:25	Individualized PEEP vs. PEEP Tables - What Does the Evidence Tell Us? Thomas Piraino - Canada
11:25 - 11:50	TBA TBA
11:50 - 12:15	HFNC Oxygen Therapy: Physiological Mechanisms, Initiation, and Management J. Brady Scott - USA
12:15 - 12:40	Asynchrony: Consequences and Management Thomas Piraino - Canada ***

DAY 3 - SATURDAY, 17 JANUARY 2026

DAI 5 SAIGNDAI, IT SANGANI 2020	
SES	SSION 7: NeoPed Respiratory Critical Care, and Asthma/COPD
Chairs:	
13:40 - 14:05	Modern Approaches to Infant Ventilation with Hypoxic Respiratory Failure; Innovations and Insights Huayan Zhang - USA/China
14:05 - 14:30	What We've Learned About Bronchiolitis and High Flow Nasal Cannula Emilee Lamorena - USA
14:30 - 14:55	Using Pulse Oximetry Wisely Dean R. Hess - USA
14:55 - 15:20	Advances in Asthma and COPD Treatment: What's New and What's Next? Majdy M. Idrees - KSA
15:20 - 15:50	COFFEE BREAK
SESSI	ON 8: Respiratory Care Education; Challenges and Breakthroughs
Chairs:	

SESSION 6. Respiratory Gare Education, Challenges and Breaktinoughs	
Chairs:	
15:50 - 16:15	Simulation-Based Learning Reimagined: What's New, What Works, What's Next J. Brady Scott - USA
16:15 - 16:40	Optimizing Clinical Training: Strengthening Preceptor–Student Partnership Douglas S. Gardenhire - USA
16:40 - 17:05	Why Teams Fail: The Leadership Imperative in Transforming The Culture of Your Team Emilee Lamorena - USA
17:05 - 17:30	What I've Learned After 50 Years in Respiratory Care Dean R. Hess - USA

17:30 - 17:45 CLOSING REMARKS

CONTACT:



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